



# Heavenly Bodies Clinic

Oriental Medicine & Meridian Therapy

Working With the Healing Universe Within  
In the Treatment of Chronic and Acute Illness

## Insurance Parity Letter

**Dr. Kathe Ana**  
**Dr. Denise Demback**  
Licensed Acupuncture  
NCCAOM, Board Certified

**Tiffany Ana, Director**  
Meridian Exercise  
Heavenly BODYworks  
Yoga, Fitness, Weight Loss,  
Pain Control

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**Acupuncture**  
Laser & Auricular Acup  
Essential Oil Application  
Cosmetic Acupuncture

**Acupressure**  
Tuina, GuaSha

**Moxibustion**  
Herbal Treatment

**Neuromodulation**  
For neurological diseases

**Jaffe-Mellor**  
Technique for Joint Pain

**Emotional Freedom**  
Technique

**Therapeutic Massage**  
Reiki, Thai, Swedish

Dear \_\_\_\_\_,

This is to inform you that your client \_\_\_\_\_, has come to me seeking acupuncture treatment. Acupuncture is a legitimate medical treatment, recognized by the National Institutes of Health and the World Health Organization.

You may not be aware that the Code of the Commonwealth of Virginia mandates that any insurance carrier that includes acupuncture as a covered service must pay for any class of provider licensed by the state to deliver this service.

The Code of Virginia reads as follows:

38.2-3408 Policy providing for reimbursement for services that may be performed by certain practitioners other than physicians.

A. If an accident or sickness insurance policy provides reimbursement for any service that may be legally performed by a person licensed in this Commonwealth as a chiropractor, optometrist, ..., certified nurse midwife, or licensed acupuncturist, reimbursement under the policy shall not be denied because the service is rendered by the licensed practitioner.

B. This section shall not apply to Medicaid, or any state fund.

38.2-4221. Services of certain practitioners other than physicians to be covered.

A nonstick corporation shall not fail or refuse, either directly or indirectly, to allow or to pay to a subscriber for all or any part of the health services rendered by any doctor of podiatry, doctor of chiropractic, ..., or licensed acupuncturist licensed to practice in Virginia, if the services rendered (i) are services provided for by their subscription contract and (ii) are services which the doctor of podiatry, doctor of chiropractic, ..., or licensed acupuncturist is licensed to render in this Commonwealth.

Licensed Acupuncturists in Virginia are licensed by the Virginia Board of Medicine and must pass the national board exam administered by the NCCAOM. Their education must consist of a minimum of 1725 hours, 1000 of which must be didactic and 500 of which must be clinical. By comparison, physicians and chiropractors are not required to pass the national boards and can practice acupuncture in Virginia with only 200 hours of training. Therefore, aside from the legal requirement to cover acupuncture treatments provided by a licensed acupuncturist, your client will be receiving treatment from a more qualified practitioner. In addition the fees charged by L.Ac.'s are substantially less than those charged by M.D.'s for similar services. Covering treatments provided by L.Ac.'s will serve your bottom line.

I hope you will take this information into consideration and appropriately cover the acupuncture services which your client has received. Please do not hesitate to contact me for further information.

Sincerely,

Dr. Kathe Ana, L.Ac.